

Kevin Humphreys bio

Kevin Humphreys is an inspiring and transformative international keynote speaker, mentor, author, and helicopter pilot. He's well-known for smashing stereotypes and transforming self-leadership.

Graduating top of his pilot's course at just 21, Kevin went on to serve in the Army for 20 years flying Black Hawk and Chinook helicopters. He deployed on numerous overseas operations however, towards the peak of his career contemplated suicide and suffered a breakdown due to a cocktail of mental illness, alcohol abuse and a toxic culture.

Kevin not only got back on his feet but also back in the air again, spending the next ten years as a Search and Rescue helicopter pilot, flight instructor/examiner, Chief Pilot and Director of Operations.

Awarded the Distinguished Service Cross for his command and courageous leadership under fire in Afghanistan, Kevin was also recognized as the role model for the most recent Military Order of William recipient in the Netherlands (their oldest and highest honor).

His impact as a mental health advocate and founder of COR INFINITUS, which gives dignity and respect to the families of those that have served their nation and taken their own lives, was also recognized with the award of a 2023 community Citizen of the Year.

Kevin is the Mental Health Ambassador for AIRBUS Australia Pacific, a contributor to international media and regular podcast guest.

Kevin is married with three adult children.